

The respondent can agree or disagree with each of these statements using a 4 point Likert scale (1 = “definitely agree”, 2 = “slightly agree”, 3 = “slightly disagree”, and 4 = “definitely disagree”)

**The questionnaire can be used for screening in clinical practice, with scores less than 26 indicating that a diagnosis of ASD syndrome can effectively be ruled out.**

### The Autism Spectrum Quotient (AQ)-50: Screening questionnaire

Put a tick in the box to rate how strongly you agree or disagree with the statement

|    |                                                                                                   | Definitely agree | Slightly agree | Slightly disagree | Definitely disagree |
|----|---------------------------------------------------------------------------------------------------|------------------|----------------|-------------------|---------------------|
| 1  | I prefer to do things with others rather than on my own                                           |                  |                |                   |                     |
| 2  | I prefer to do things the same way over and over again                                            |                  |                |                   |                     |
| 3  | If I try to imagine something, I find it very easy to create a picture in my mind                 |                  |                |                   |                     |
| 4  | I frequently get so strongly absorbed in one thing that I lose sight of other things              |                  |                |                   |                     |
| 5  | I often notice small sounds when others do not                                                    |                  |                |                   |                     |
| 6  | I usually notice car number plates or similar strings of information                              |                  |                |                   |                     |
| 7  | Other people frequently tell me that what I've said is impolite, even though I think it is polite |                  |                |                   |                     |
| 8  | When I'm reading a story, I can easily imagine what the characters might look like                |                  |                |                   |                     |
| 9  | I am fascinated by dates                                                                          |                  |                |                   |                     |
| 10 | In a social group, I can easily keep track of several different people's conversations            |                  |                |                   |                     |
| 11 | I find social situations easy                                                                     |                  |                |                   |                     |
| 12 | I tend to notice details that others do not                                                       |                  |                |                   |                     |
| 13 | I would rather go to a library than a party                                                       |                  |                |                   |                     |
| 14 | I find making up stories easy                                                                     |                  |                |                   |                     |
|    |                                                                                                   |                  |                |                   |                     |

|    |                                                                                      |                         |                       |                          |                            |
|----|--------------------------------------------------------------------------------------|-------------------------|-----------------------|--------------------------|----------------------------|
| 15 | I find myself drawn more strongly to people than to things                           |                         |                       |                          |                            |
| 16 | I tend to have very strong interests which I get upset about if I can't pursue       |                         |                       |                          |                            |
| 17 | I enjoy social chit-chat                                                             |                         |                       |                          |                            |
| 18 | When I talk, it isn't always easy for others to get a word in edgeways               |                         |                       |                          |                            |
|    |                                                                                      | <b>Definitely agree</b> | <b>Slightly agree</b> | <b>Slightly disagree</b> | <b>Definitely disagree</b> |
| 19 | I am fascinated by numbers                                                           |                         |                       |                          |                            |
| 20 | When I'm reading a story, I find it difficult to work out the characters' intentions |                         |                       |                          |                            |
| 21 | I don't particularly enjoy reading fiction                                           |                         |                       |                          |                            |
| 22 | I find it hard to make new friends                                                   |                         |                       |                          |                            |
| 23 | I notice patterns in things all the time                                             |                         |                       |                          |                            |
| 24 | I would rather go to the theatre than a museum                                       |                         |                       |                          |                            |
| 25 | It does not upset me if my daily routine is disturbed                                |                         |                       |                          |                            |
| 26 | I frequently find that I don't know how to keep a conversation going                 |                         |                       |                          |                            |
| 27 | I find it easy to 'read between the lines' when someone is talking to me             |                         |                       |                          |                            |
| 28 | I usually concentrate more on the whole picture, rather than the small details       |                         |                       |                          |                            |
| 29 | I am not very good at remembering phone numbers                                      |                         |                       |                          |                            |
| 30 | I don't usually notice small changes in a situation, or a person's appearance        |                         |                       |                          |                            |
| 31 | I know how to tell if someone listening to me is getting bored                       |                         |                       |                          |                            |
| 32 | I find it easy to do more than one thing at a time                                   |                         |                       |                          |                            |
| 33 | When I talk on the phone, I'm not sure when it's my turn to speak                    |                         |                       |                          |                            |
| 34 | I enjoy doing things spontaneously                                                   |                         |                       |                          |                            |
| 35 | I am often the last to understand the point of a joke                                |                         |                       |                          |                            |
| 36 |                                                                                      |                         |                       |                          |                            |

|                 |                                                                                                            |                         |                       |                          |                            |
|-----------------|------------------------------------------------------------------------------------------------------------|-------------------------|-----------------------|--------------------------|----------------------------|
|                 | I find it easy to work out what someone is thinking or feeling just by looking at their face               |                         |                       |                          |                            |
| 37              | If there is an interruption, I can switch back to what I was doing very quickly                            |                         |                       |                          |                            |
| 38              | I am good a social chit-chat                                                                               |                         |                       |                          |                            |
| 39              | People often tell me that I keep going on and on about the same thing                                      |                         |                       |                          |                            |
|                 |                                                                                                            | <b>Definitely agree</b> | <b>Slightly agree</b> | <b>Slightly disagree</b> | <b>Definitely disagree</b> |
| 40              | When I was young, I used to enjoy playing games involving pretending with other children                   |                         |                       |                          |                            |
| 41              | I like to collect information about categories of things (e.g. types of cars, birds, trains, plants, etc.) |                         |                       |                          |                            |
| 42              | I find it difficult to imagine what it would be like to be someone else                                    |                         |                       |                          |                            |
| 43              | I like to plan any activities I participate in carefully                                                   |                         |                       |                          |                            |
| 44              | I enjoy social occasions                                                                                   |                         |                       |                          |                            |
| 45              | I find it difficult to work out people's intentions                                                        |                         |                       |                          |                            |
| 46              | New situations make me anxious                                                                             |                         |                       |                          |                            |
| 47              | I enjoy meeting new people                                                                                 |                         |                       |                          |                            |
| 48              | I am a good diplomat                                                                                       |                         |                       |                          |                            |
| 49              | I am not very good at remembering people's dates of birth                                                  |                         |                       |                          |                            |
| 50              | I find it very easy to play games with children that involve pretending                                    |                         |                       |                          |                            |
| <b>Subtotal</b> |                                                                                                            |                         |                       |                          |                            |
|                 |                                                                                                            |                         |                       | <b>Total</b>             |                            |

